

**Aliso Niguel High School
Boys' Soccer**

TEAM RULES AND CODE OF CONDUCT

It is an honor and a privilege to be chosen as a member of Aliso Niguel's Boys' Soccer Team. As a team member, student-athletes are expected to conduct themselves both on and off the field in an exemplary manner. In an effort to communicate team expectations clearly to athletes and parents, the following "Team Rules and Code of Conduct" have been established for all Aliso Niguel boys' soccer players.

This "code" is not meant to be an all-encompassing list, but rather a set of guidelines for use in establishing our soccer program. It is understood that no list can ever hope to include every single possibility; therefore, athletes and parents understand that coaches reserve the right to clarify, add to, or amend these rules as specific situations dictate. In addition to these rules, it is understood that all athletes shall be governed by both the rules of Aliso Niguel High School, and of the Capistrano Unified School District.

Academic Eligibility

- 1) All student-athletes are expected to maintain class attendance, citizenship, work habits and a grade point average above 2.0.
- 2) Any athlete placed on academic probation (or near such action), or receiving unsatisfactory grades on progress reports, will be required to attend study hall and complete weekly "green cards" showing academic progress in order to remain a member of their respective team.
- 3) Players will respond to coaches' requests for improvement in academic performance, citizenship and work habits. Failure to do so will be considered defiance of authority.

Attendance

- 1) Players are expected to attend every mandatory practice, meeting or team activity for the duration of the season.
- 2) In order to allow for family contingencies, players will be allowed to miss one (1) activity or practice during the duration of the soccer season for approved reasons (e.g., family commitments, holiday weekend, college visits, etc.) without penalty, provided the absence does not occur either on a game day, or the day before a game. This "free" absence is to be used only when necessary and with prior approval of coaches. Additional excused absences may be granted with no penalty for serious reasons (e.g., player injury/illness, funerals, etc.) as approved by the coaching staff.

Attendance

- 3) Absences will result in the following disciplinary action:
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| First absence | extra work |
| Second absence | suspension for one-half game |
| Third absence | suspension for one full game or dismissal from the team |
| Fourth absence | dismissal or demotion from team |

SPECIAL NOTE: Absences are defined as missing more than 20 minutes of a scheduled activity, practice or game. Absences on the day before a game will count as two absences. Absences from a game will count as three absences. These absence totals will be added to any other absences accrued by the player in determining any disciplinary actions per the above scale.

Equipment and Uniforms

- 1) Required, daily practice gear includes the following: white T-shirt, soccer shorts, soccer shoes, running shoes, shin guards and soccer socks. Failure to dress appropriately will result in a failure to participate, thus receiving an appropriate disciplinary action.
- 2) No player will modify or alter school-issued equipment or uniforms without permission from his coach. Any equipment not provided by the school (e.g., sweat bands, etc.) must be in school colors only and approved by the team coach.
- 3) Athletes should bring their own water container to each practice and game. In an effort to reduce player illness, athletes are reminded not to share water. Players who fail to bring their own water containers to games and/or practices will face disciplinary action.
- 4) **Take care of our equipment. Lost soccer balls will result in the team running 3 miles after practice or a game.**

Injuries

- 1) Players are to immediately report all injuries to their coach, and to the athletic trainer. No injured player will be allowed to return to active participation without first being cleared by parents, and the athletic trainer, or a licensed physician.
- 2) Players who are not able to participate in practice or games due to injuries or minor illnesses are still required to attend all team practices and games. Failure to do so will result in accruing unexcused absences and disciplinary action.

Travel

- 1) Players are expected to travel to and from games with their team, and are required to ride the team bus unless special circumstances exist. If special circumstances warrant, players may be released by their coach to the player's own parents only. Athletes will not be permitted to leave with anyone other than their own parents.
- 2) In addition, agreeing to the above "travel policy" will also include granting permission for Head Coach, Randy Dodge, and his coaching staff to transport players to extracurricular activities. This includes, but is not limited to, team dinners and/or team social functions.

Conduct

- 1) Athletes must be 100% committed to Aliso Niguel's Soccer Program during the season. As defined in the C.I.F. "Blue Book," players are prohibited from participating on any other soccer team (e.g., club, AYSO, etc.) during the school season.
- 2) Foul language, lewd conduct and fighting will not be tolerated. Good sportsmanship is expected and rewarded.
- 3) Athletes will be expected to be respectful to all persons, but especially to school employees, teachers, parents, teammates, coaches, opponents, officials and peers.
- 4) Players are to follow all directions and requests of coaching staff members and other individuals in positions of authority.
- 5) In the event of an absence, the athlete must contact his coach and leave a message prior to 12:00 Noon.
- 6) Parents will remain off the playing field at all times. A parent who interferes with an official, coach, player, fan, or the progress of a game, in any way, will be asked to vacate the premises; plus the player will be sent home. ***Please make this clear to your parents.**
- 7) Playing time will be determined by coaches. If there are questions, then "you," the player, will discuss this with your coach. If this does not solve the situation, then the Head Varsity Coach will get involved. Parents will not get involved in discussions with the coaches regarding their son's playing time.
- 8) All practices are closed to parents and friends.

SPECIAL NOTE: Failure to adhere to these guidelines will result in disciplinary action up to and including the possibility of dismissal from the team. Discipline will be based upon the severity of the player's actions, and the overall past record of the individual player in question.

Conflict of Interest

- 1) Any athlete who leaves the team after the start of preseason (11-30-15) will receive a letter grade of "F" as his P.E. grade.
- 2) No athlete will participate in any other sport during the soccer season without the expressed permission of the head coach. This includes participation in outside "club" sports. In no case will athletes be allowed special treatment or privileges in order to participate in "club" sports, where such sports conflict with the goals of Aliso Niguel Boys' Soccer.

Requirements to Earn the Varsity Letter in Boys' Soccer

- 1) Letter winners must maintain a minimum 2.0 G.P.A.
- 2) Letter winners may incur no more than one school suspension, or no more than one “in-house” suspension during the school year.
- 3) Letter winners may incur no more than one game suspension from the team for any reason.
- 4) Letter winners must be members in good standing of the varsity soccer team for the entire season (with the exception of new student transfers or players advanced from junior varsity), or must have participated in at least fifteen varsity practices, or five varsity games. Special consideration will be given to players who are advanced from junior varsity for C.I.F. contests, based upon practice and playing time.
- 5) Coaches reserve the right to deny a varsity letter to any athlete based upon sufficient reasonable circumstances and/or evidence as voted upon by the coaching staff, and approved by the Athletic Director and the Assistant Principal in charge of athletics.

Randy Dodge
Head Coach – Aliso Niguel Boys' Soccer